Primary Spring/Summer 2019 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Tomato & Mozzarella Pizza ** *(V)*** *with Jacket Wedges*	**Chicken Tikka Masala** *With Rice ** *	**Roast Gammon** *with Roast Potatoes and Gravy*	**BBQ Beef Meatballs** *served with Pasta* **	**Salmon Fish Fingers *** Or Cod Fish Fingers** *with Chips*
Alternative Dish	**Chinese Style Veggie Rice *(V)***	**Vegetable Pasta Bolognese ** *(V)***	**Country Vegetable Pie *(V)*** *with Roast Potatoes and Gravy*	**BBQ Sweetcorn Stack *(V)*** *(layered tortilla bake) with Rice* **	**Hotdog *(V)*** *with Chips*
Vegetables	**Broccoli Sweetcorn**	**Green Beans Mediterranean Vegetables**	**Carrots Cabbage**	**Peas Seasonal Vegetables**	**Sweetcorn Baked Beans**
Desserts	**Mango Frozen Yoghurt**	**Pear Upside Down Cake *** *with Custard*	**Flapjack** *with Fruit Slices* *	**Brownie Cake**	**Berry Chill** *Fruits of the Forest Mousse*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish

Primary Spring/Summer 2019 Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**BBQ Burger *(V)*** *with Jacket Wedges*	**Pork Sausages** *with* *Creamed Potato*	**Roast Turkey** *with Roast Potatoes* *and Gravy*	**Pasta Bolognese ****	**Crispy Fish & Chips** *Crispy Battered Pollock* *with Chips*
Alternative Dish	**Tomato and Herb Pasta ** *(V)***	**Vegetarian Sausages *(V)*** *with* *Creamed Potato*	**Cheese and Potato Bake *(V)***	**Mild Chickpea Curry *(V)*** *with Rice* ******	**Baked Bean and Cheese Wrap** *with Chips*
Vegetables	**Crunchy Coleslaw** **Peas**	**Roasted Peppers and Sweetcorn** **Baked Beans**	**Cabbage** **Carrots**	**Broccoli** **Sweetcorn**	**Peas** **Baked Beans** **Tomato and Cucumber Salad**
Desserts	**Chocolate Sponge Cake** *with Custard*	**Strawberry Sponge Swirl**	**Oatie Biscuit** *with Fruit Slices* *****	**Apple & Carrot Cake ***	**Cheese and Biscuits**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish

Primary Spring/Summer 2019 Menu
Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Mac 'N' Cheese *(V)*** *Macaroni Cheese*	**Chicken and Sweetcorn Pizza **** *with Jacket Wedges*	**Roast Chicken** *with Roast Potatoes and Gravy*	**Beef Burger** *with Jacket Wedges*	**Golden Fish Fingers & Chips** *Breaded Fish Fingers with Chips*
Alternative Dish	**Vegetable Korma *(V)*** *with Rice* ******	**Cheesy Bubble & Squeak *(V)***	**Quorn Roast *(V)*** *with Roast Potatoes with Gravy*	**Vegetable Lasagne *(V)*** *with Garlic & Herb Bread Wedge* ******	**Dippers *(V)*** *with Chips*
Vegetables	**Broccoli** **Carrots**	**Peas** **Mediterranean Vegetables**	**Carrots** **Cabbage**	**Roasted Summer Vegetable Medley** **Sweetcorn**	**Baked Beans** **Peas**
Desserts	**Peach Slice**	**Lemon Drizzle Cake**	**Blueberry Frozen Yoghurt**	**Apple and Berry Crumble *** *with Custard*	**Chocolate Shortbread** *with Fruit Slices **

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish