



Buxton Primary School

Aylsham Road, Buxton, Norwich, NR10 5EZ Telephone: 01603 279357

Headteacher: Mrs Juliet Stops Email: head@buxton.norfolk.sch.uk

Achieving Excellence Together

NEWSLETTER Issue 6

13th February 2026

Making memories!

This is the time of year when staff are busy organising trips and events with the warmer weather coming up. This week our brilliant Rhinos have been on their first school residential visit to the Horstead Centre. Here are some pictures of them arriving and taking part in their first sessions:



We have also had our full day Enrichment sessions this term and they were a huge success. We have had some lovely feedback from parents thanking our amazing staff, and parent volunteers, for organising and supporting such a wonderful day. Thank you to those of you who have taken the time to share some kind words of thanks. Mentioned were the exceptional quality of Carnival masks, and the dancing so well put together; our outdoor learning team having an incredible day of swinging in the trees, toasting marshmallows, making bugs and painting stones; and children were excited to explore foods from around the world and learn more about other countries.

We are so pleased our move to a full day of enrichment has been successful, it has allowed the children to really immerse themselves in a day truly off timetable, making fun memories of precious school days.

You are always welcome to pop in to share thoughts, requests for support etc at any time. I try to ensure that I am available at the start and end of each day as I know this is a convenient time for many of you to speak with us at school and if you are not able to come to the school, please do call or email when it is convenient for you to do so. Thank you.

Mrs Stops 😊

SEMH & SEND

As is well known in our local area of Norfolk, the identification of needs in our children is growing and, therefore, more of the right support for our children is being put in place.

SEMH (Social, Emotional and Mental Health) and SEND (Special Educational Needs and Disabilities) are two banners which cover a wide range of needs of our





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children. At Buxton, we recognise that all children are individuals and we support every child on an individual basis. Please know that we value every child equally and as a school, we work hard to ensure all children have their chance to shine in different areas.

We consistently call on local support teams and Norfolk County Council to help us provide the very best individual support for all children.

If you do have a concern about your child, please always let us know so we can support the best we can, but know that any adjustment to individual plans or new ideas may take a little time to implement in order to set these up effectively and efficiently.

This week we have held our SEND parent evenings which ensures parents who have children with individual plans, have time to discuss their child's progress and next steps. All parent evenings will be complete by the end of the first week back after half term. Please do not feel that you need to hold onto concerns or ideas until these meetings, the door is always open here and we will always take the time to speak with you at any time of the year.

At present, 32% of our children are on the SEND register and our wonderful SENDCo & Deputy Head, Mrs Buchanan, does an incredible job keeping on top of SEND tasks under increasing demand. I am also supporting alongside in order to manage the high numbers of children who require specialist support (not just those on the SEND register).

Our team of dedicated teachers and teaching assistants also work hard to implement support systems for all children to meet their varying needs, not just those with SEND identified, but also those that are showing talents in certain areas that benefit from guidance to explore their ideas further, or those that have shown an interest in subjects that benefit from working as a team to learn more from each other. As you can imagine, this is no simple task when you have a class of 30 children who are all so

different! Therefore, we continually adapt our teaching and learning environments to suit the needs of the class, including using many whole school approaches such as using BSL (British Sign Language) in our routines for learning, using consistent symbols for visual timetables and subject vocabulary across the school (called 'widgeits'), reducing visual stress in classrooms and introducing new support systems such as the 'Zones of Regulation' which is going to be introduced to the children soon.

We will also be holding a Family Learning Session for our children on the SEND register and their parents the morning of Tuesday 28th April. This session will be a practical outdoors session which aims to share more about the Zones of Regulation and how you can apply this in the home to support your child's emotional regulation and routines. More information about this will be shared closer to the time. Save the date in your diaries!

Zones of Regulation

The Zones of Regulation is an internationally renowned support system which helps children to manage difficult emotions, known as 'self-regulation' which is described as the ability to maintain a well-regulated emotional state to cope with everyday stress and to be most available for learning and interacting.

From time to time, all of us (including adults) find it hard to manage strong feelings such as worry, anger, restlessness, fear or tiredness, and this stops us from getting on with our day effectively. Children who feel these emotions often find it hard to learn and concentrate in school.

The Zones of Regulation aims to teach children strategies to help them to identify their emotions and cope with these feelings so they can get back to feeling calm and ready to learn; which is 'self-regulation'.





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We will share more about the Zones of Regulation and how we are introducing this into school soon.

Calpol / Over-the-counter medicines

If you have given your child Calpol / Nurofen before sending them to school as they are a little under the weather, please ensure you bring in a bottle to the office for their next dose. We are getting through a lot of medication at school, and it is expensive to keep on top of. Our supply is for emergency use when a child becomes ill whilst they are at school. Thank you for your support with this.

Holiday Sports Camp

As per information sent out to you at the beginning of December, we are again running our in-house holiday sessions. Our Physical Education specialist, Mr Aspin, will be leading sports-based activities supported by other school adults. If you would like your child to attend, you will need to reserve a space by Wednesday 4th March via clubs@buxton.norfolk.sch.uk Sessions are:

Easter Holidays:

9am – 3pm Wednesday 1st April 2026

9am – 3pm Thursday 2nd April 2026

Summer Holidays:

9am – 3pm Monday 27th July 2026

9am – 3pm Tuesday 28th July 2026

9am – 3pm Monday 3rd August 2026

9am – 3pm Tuesday 4th August 2026

Sessions are £18 per child per day.

Please book now to reserve your space. We will contact you by 12th March should any of the days not run due to low uptake. Thank you.

After School Clubs

This is a reminder that after school clubs run for a **full term apart from the very last week**. Often we have parents asking if clubs are still on the week before the half term break, and the answer is always, 'yes they are', this is because we are only halfway through the term.

The school year is separated into 3 full terms; Autumn (Sept-Dec), Spring (Jan-Mar/Apr) and Summer (Apr-July). Each full term is split in half with a half term break between. After School clubs run every week and only finish one week prior to the end of the full term.

How you can impact your child's brain development

Did you know just 7 minutes of your time is enough to significantly impact your child's brain development and neural pathways? Consistent, nurturing, and emotionally available interactions lasting only a few minutes can build lasting change and connections to re-wire your child's brain creating new pathways of safety and trust (as researched by Dr. Bruce Perry, child psychiatrist).

A simple way of doing this to connect with your child and provide them with a platform to share their worries, safeguard them and build strong life-long positive bonds is to chat with them. Perhaps you have a few minutes after school to ask:

- Tell me something that made you laugh today.
- Tell me something that you enjoyed.
- Tell me one thing that you learnt today.
- Tell me something you found tricky.
- Tell me something you're looking forward to.

Doing this regularly can support a positive mindset and build those important neural pathways.



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Lemur Class Update

Our lovely Lemur classes have been so busy learning new things in fun ways. The children really enjoyed our first topic which was learning all about the Titanic through the curriculum subjects of History, Science and DT. They learnt how water is displaced via water resistance, explored what life was like in 1912 and designed and created their own large and small scale Titanics.

The children have shared the subjects they would like to learn about, and they are finishing off their second unit based on animals and habitats; biodiversity and ecosystems. They have learnt about local trees, habitats and nature, and have explored the homes of animals that live further away.

Next, they have asked to learn all about space, our solar system and beyond. Their enthusiasm for learning has been fantastic. Well done Lemurs!



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FAMILY LEARNING
We would like to invite all parents/carers, grandparents, aunts, uncles, younger brothers and sisters to join their child(ren) for Easter family learning activities on

Wednesday 25th March
9 am - 9.50 am
10.30 am - 11.20 am

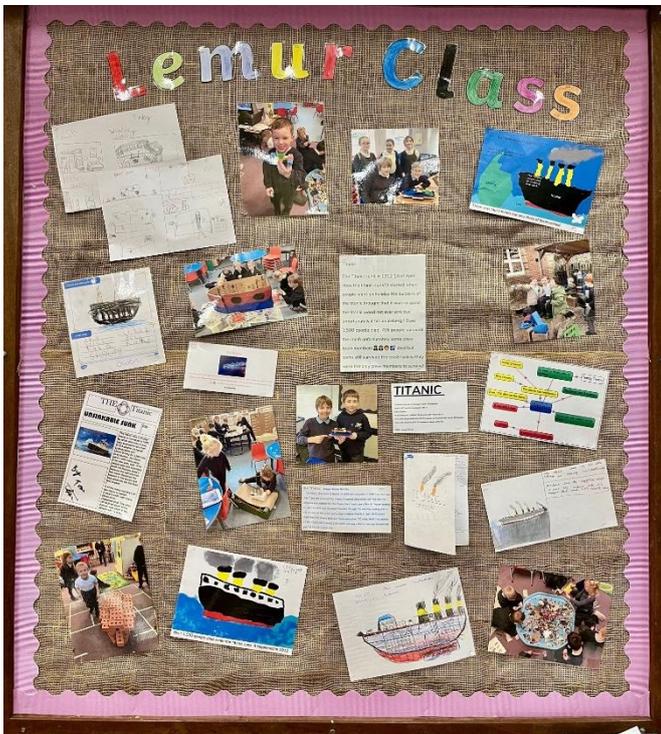
Please join us for either of the morning sessions!

In the morning we will be crafting Easter Bonnets, which will be showcased during our Easter Bonnet Parade in the afternoon.

The Easter Bonnet Parade
Starts at 2 pm
Doors open at 1:50 pm

The Easter Bonnet Parade will be held outside weather permitting.
Refreshments will be available in the morning.

THE AYLSHAM COMMUNITY TRUST (FAMILIES)
01603 279357





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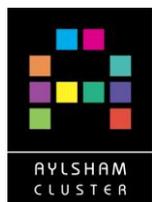
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Dates for your diary:

Wed 11th to Fri 13th Feb	Year 4 – Horstead Residential trip
Mon 16th Feb – Fri 20th Feb	Half term
Wed 25th Feb	Parent's Evening (3:10pm onwards)
Thur 26th Feb	Parent's Evening (4:10pm onwards)
Thur 5th Mar	Non-Uniform Day - World Book Day (dress as a character from a book – can be a 'normally clothed' character if preferable) and Book Swap Shop (more info to follow) Special Lunch – book on ParentPay
Thur 5th Mar – Tue 10th Mar	Book Fair in the hall (open to visit after school each day)
Wed 11th Mar	Science Day (children will take part in a wide range of science learning across the day)
Tues 17th Mar	Selected Y1&Y2 children Cricket Festival
Wed 18th Mar	Spring DISCOs EYFS/KS1 3-4pm KS2 4:15-5:15pm
Thurs 19th Mar	KS1 (Y1&Y2) performance day: 1:30pm and 4:30pm
Fri 20th Mar	Comic Relief special lunch – book on ParentPay (normal uniform today)
Tues 24th Mar	Teacher Awards Assembly 8:30am – selected children will be contacted
Wed 25th Mar	Easter Family Learning Day (morning craft with afternoon bonnet parade see poster in this newsletter)
Fri 27th Mar	Last day of term Church Services – parents welcome KS2 9-9:30am EYFS/KS1 9:45-10:15am
Mon 30th Mar – Mon 13th Apr	Easter Break
Mon 13th Apr	INSET DAY
Tues 14th Apr	First Day of Summer Term for all children
Tues 21st Apr	Zones of Regulation Day – children to learn about ZoR

Tues 28th Apr	SEND Family Learning morning session (for parents/carers of children on SEND register)
Thur 30th Apr	Y2 class trip
Fri 1st May	Y3 bikeability
Mon 4th May	Bank Holiday
Tue 5th May	Selected Y3&Y4 children Athletics event at UEA
Mon 11th to Thur 14th May	Year 6 SATS assessments – all Year 6 children to be in school please
Fri 15th May	Non-Uniform 'Wear it Green Day' in support of Mental Health Awareness Week (nationally, the day is celebrated on Thurs 14 th , we are celebrating a day later due to SATS).
Mon 18th May	ENRICHMENT DAY
Tues 19th May	Teacher's Award Assembly Year 6 Whitlingham Trip
Thur 21st May	Sports Day
Mon 25th – Fri 29th May	Half term
Mon 1st Jun	Two week period to complete MTC (Multiplication Tables Check) starts now (Y4)
Tue 2nd Jun	Selected Y5&Y6 children Cricket Competition at Bradfield
Mon 8th June	One week period to complete PSC (Phonics Screening Check) starts now (Y1 and some of Y2)
Mon 15th Jun	Reception vision & hearing school nurse visit
Wed 24th – Fri 26th Jun	Transition Days (move up to the next class for 3 days)
Mon 29th Jun – Wed 1st Jul	Year 6 Aylmerton residential
Weds 8th Jul	*provisional date* KS2 Show performances (1:30pm and 4:30pm)
Tue 14th Jul	Headteacher Awards Assembly (selected children)
Thur 16th Jul	Summer Fayre 4pm-6pm
Fri 17th Jul	Y6 Leaver's Assembly (8:30am) Last day of school
Mon 20th Jul –	Summer holidays





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Mon 31st Aug	
Tues 1st – Weds 2nd Sept	INSET Days
Thurs 3rd Sept 2026	First day of the new school year for children.

For admin enquiries (ParentPay, school bus, medication, information), please contact:	
admin@buxton.norfolk.sch.uk	Emma School Secretary
For club enquiries please use: clubs@buxton.norfolk.sch.uk	
For ALL bus information please use: bus@buxton.norfolk.sch.uk	
For Lemur class (1-3pm Friday) enquiries please use: lemurclass@buxton.norfolk.sch.uk	

For business enquiries (finance, operational, HR, health & safety) please contact:	
office@buxton.norfolk.sch.uk	Kelly School Business Manager

