



Buxton Primary School

Aylsham Road, Buxton, Norwich, NR10 5EZ Telephone: 01603 279357

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Achieving Excellence Together

NEWSLETTER Issue 2

1st October 2026

Settling in

What a busy term we have had already so far! All of our children are settling into their new classrooms and routines. This can be a very tricky transition for some, particularly when it comes to building resilience. Well done to all of our families and children who have worked hard to manage these changes together with us at school.

We have our National Poetry Day today with a special lunch and prizes and our Dyslexia Awareness Day is coming up next week on Thursday which we are marking with a Non-Uniform day.

We make adaptations in our school for all of our children. We all have different minds and different ways of doing things. A tool or adjustment helps a person take part, learn and show what they can do. Current statistics show that 1 in 10 children are affected by dyslexia, however the true number is likely to be many more. On Dyslexia Awareness Day, we will share what things can be affected by Dyslexia to raise awareness and build children's acceptance and tolerance of others.

On non-uniform day (which can be all home clothes suitable for a school environment), any donations on parent pay will go towards building our resources to support our children with dyslexia such as learning pockets, overlays, dyslexia friendly reading books and talking tiles. For those children that find wearing non-uniform more difficult, wearing usual uniform is also absolutely fine. Thank you for your support!

There are some key messages in this newsletter, so please read it carefully and make a note of the key dates in our 'dates for your diary' section.

As usual, please do not hesitate to get in contact should you have any queries or concerns, our door is always open. Thank you.

Mrs Stops 😊

Safeguarding & adults on premises

This is a reminder that parents are not allowed into the school building / on premises without express permission from the school or being escorted by a school adult, including at morning drop-off. This is to ensure our safeguarding procedures are followed. This is both to keep our children and staff safe, but also to keep our parents protected from potential safeguarding allegations.

If you need to pass on a message to the class adults, or need to escort your child into the building, please come to the school office to do so. Thank you for your cooperation with this important matter.

RSE open parent session

Just a reminder that on Wednesday next week after school we have our open parent session to learn more about our RSE (Relationships and Sex Education) curriculum. This provides our parents with an opportunity to understand what we teach your children with regards to their body parts, puberty and the content of our Sex Education curriculum in Year 6. Last year parents shared that this was a really eye-opening session and very useful to support conversations at home. Please do feel free to come along, the session is open to all, not just our Year 6 families.

Enrichment

The enrichment brochure will be coming to you very soon for our day event on 20th October. Please read through this brochure and talk to your child/ren about the options available to them. They will be asked what their top three options are in class. We will then collate all of these options and create our enrichment groups. Children will be told which group they are in prior to the day. Families will be contacted if their child is in any group that requires specific items / outdoor clothing.





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DISCO – IMPORTANT UPDATE

This year we are having our Autumn Term disco on Wednesday 21st October after school.

EYFS/KS1 (Reception to Year 2) disco: 3:05pm-4pm

KS2 (Year 3-6) disco: 4:15pm-5:15pm

We have decided to make an adaptation to these discos following an increase in children who find managing a full hour tricky. Therefore, for both discos, we are going to have an option of taking part for a shorter session, 20 minutes for the younger ones, 25 minutes for the older. Children will still get their sweets and drink and be involved in the early part of the disco which tends to be a little quieter and we will ensure there is at least one game to take part in before it's time to leave. See details below of this option:

Pocket-Sized disco:

EYFS/KS1 (Reception to Year 2) disco: 3:05pm-**3:25pm**

KS2 (Year 3-6) disco: 4:15pm-**4:40pm**

Prices: Full disco is £4.50, Pocket disco is £3.00

Collection: Children will be collected via the rear doors in the hall for the full discos, but via the front office door for the pocket discos.

Earrings & PE

We are having some difficulties with earrings for PE. We are **unable** to remove or replace earrings due to our first aid procedures, therefore, on PE days children must be able to remove these themselves. If they are unable to do so, then they must have these removed before coming to school.

If they are freshly pierced (up to 6 weeks), then we can manage with tape for this time, however, after this period, the children need to have these removed so that we can follow our health and safety procedures for sporting activities. Thank you for your cooperation with this.

Positive Parenting for healthy mindsets

One third of our children have extra need at school and many more find managing the school environment increasingly difficult. Staff have regular training to learn how to support our children positively, kindly, with calm direction to build resilience. The below information from the Child Mind Institute provides some ideas in how to support children from home.

Positive parenting is about building a strong, secure relationship with your child, helping them feel safe, understood, and supported. Here are some top tips for positive parenting and reducing anxiety in children:

- *Encourage Open Conversations: Let your child know that feeling anxious is normal and reassure them that they are safe.*
- *Teach Coping Skills: Use cognitive-behavioral therapy (CBT) techniques (like gentle exposure in a supportive environment) to help your child manage anxiety.*
- *Model Healthy Anxiety Management: Parents can model healthy ways of handling anxiety and provide support.*
- *Respect Their Feelings without empowering them: Show empathy without reinforcing fears, and express confidence that they can handle the uncomfortable feelings.*
- *Keep the anticipatory period short: Don't discuss upcoming events or changes that are difficult until you need to, keep to the night before or a few days before.*
- *De-escalate: De-escalate anxiety by avoiding punishment, using natural consequences while focusing on de-escalation.*
- *Encourage Tolerance: Teach children to tolerate their anxiety and express positive but realistic expectations.*

These strategies can help children build lasting resilience and reduce anxiety over time. It's important to remember that professional help may be necessary when anxiety significantly disrupts a child's daily life.



Healthy School



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Dates for your diary:

Thurs 1st Oct	National Poetry Day – special lunch with prizes . See information in newsletter.
Weds 7th Oct	Annual RSE (Relationships and Sex Education) / RSHE (including Health Education) parent meeting 3:15pm. All parents welcome.
Thurs 8th Oct	NON-UNIFORM Dyslexia Awareness Day (to raise funds for dyslexia friendly resources and raise awareness)
Weds 14th Oct	1.30pm Reception 2027 Open Session
Tues 20th Oct	ENRICHMENT DAY If you are able to support us this day, please do get in touch!
Weds 21st Oct	School DISCOS Full disco timings: EYFS/KS1 3:05pm-4pm KS2 4:15pm-5:15pm Pocket-Sized disco timings: EYFS/KS1 3:05pm-3:20pm KS2 4:15pm-5:05pm
Thurs 22nd Oct	Last Day of half term Harvest service at church pm (children only)
Fri 23rd Oct	NO SCHOOL (the half term has one extra day this year)
Fri 23rd – Fri 30th Oct	Half Term
Tues 3rd Nov	9.30am Reception 2027 Open Session
Weds 4th Nov	NON-UNIFORM 'PJs Day' – National Stress Awareness Day
Tues 10th Nov	Flu Immunisations whole school
Mon 16th Nov	ODD SOCKS DAY (marking the start of Anti-Bullying week). Special lunch with prizes.
Weds 18th Nov	ESKA karate in school
Thurs 19th Nov	Flu Immunisations whole school catch up day
Fri 20th Nov	NON-UNIFORM – Children in Need

Tues 24th Nov	FAMILY LEARNING MORNING – Christmas Crafts (NON-UNIFORM)
Fri 27th Nov	CHRISTMAS FAYRE 1:15pm-3:15pm
Tues 8th Dec	Y6 Crucial Crew @ The Nest
Weds 16th Dec	Christmas Dinner Day (NON-UNIFORM)
Fri 18th Dec	Christmas Church Services (all families and friends welcome) KS2 (Y3-Y6): 8:45-9:15 EYFS/KS1 (Rec-Y2): 9:25-9:55 Last Day of Term
	END OF TERM
Mon 4th Jan	INSET day – no children
Tues 5th Jan	First day back after Christmas for the children

For admin enquiries (ParentPay, school bus, medication, information), please contact:

admin@buxton.norfolk.sch.uk

For club enquiries please use:

clubs@buxton.norfolk.sch.uk

For ALL bus information please use:

bus@buxton.norfolk.sch.uk

Emma
School Secretary

For business enquiries (finance, operational, HR, health & safety) please contact:

office@buxton.norfolk.sch.uk

Kelly
School Business Manager

